

February



Peninsula Seniors Calendar

30928 Hawthorne Blvd., Rancho Palos Verdes, CA 90275
 Phone (310) 377-3003 FAX (310) 544-6147

2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HP 10:30 Libya & Gaddafi SC 10:00 a.m. to 4:00 p.m. Ping Pong , with 1:00 mixer	2 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Yoga & Balance	3 SC 10:00 Caregivers support SC 1:00 p.m. Bingo	4 7:30- 9:00 am "Coffee & Cars" at the Peninsula Shopping Center SC 1:00 Ping Pong Mixer
5	6 AN 10:00 Meet & Greet SC 10:00 Bridge SC 1:30 Yoga & Balance SC 1:30 Yoga and Balance	7 SC 10:00 Financial Consult SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Writer's Group	8 HP 10:30 Peninsula Past SC 10:00 a.m. to 4:00 p.m. Ping Pong	9 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 12:00 Podiatrist Consult SC 1:30 Yoga & Balance	10 SC 10:00 to 4:00 Ping Pong with 1:00 mixer 11:30 Let's Do Lunch, Buffalo Fire Department, Torrance	11
12	13 AN 10:00 Meet & Greet SC 10:00 Bridge SC 1:30 Yoga & Balance	14 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Writer's Group	15 TR 10:00 Bower Museum & White House HP 10:30 Port of LA SC 1:30 Board Meeting SC 2:00 Attorney Consult	16 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Yoga & Balance	17 SC 10:00 Caregivers support SC 1:00 Movie: "Contagion"	18
19	20 Presidents' Day Office Closed	21 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Writer's Group	22 HP 10:30 Community Helpline SC 10:00 Newsletter Mailing FYL 12:30 p.m. PenVets SC 1:00 p.m. to 4:00 p.m. Ping Pong	23 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Yoga & Balance SC 1:00 Yoga and Balance	24 SC 10:00 to 4:00 Ping Pong	25
26	27 AN 10:00 Meet & Greet SC 10:00 Bridge SC 1:30 Yoga & Balance	28 SC 10:00 Muscle 1 SC 11:00 & 12:00 Muscle 2 & 3 SC 1:30 Writer's Group	29 HP 10:30 Most Decorated Unit in US Armed Forces History SC 10:00 a.m. to 4:00 p.m. Ping Pong			SC—Senior Center FYL—Fu Yuan Low HP—Hesse Park TR—Travel AN—Library Annex AN—Library